CAROLISTICA · OPEN TO COLLABORATIONS

A space between worlds

Carol Tomazela — integrative psychologist, tarot reader, writer

Cagliari, Sardinia · [Prepared for: partner name]

WHO I AM

Shaped by my own crossings

Brazilian by birth, Italian by citizenship, with eight years of life in Ireland. I work with people between worlds: those going through a change of country, career, identity or relationship.

Psychology degree (Brazil), postgraduate studies in psychoanalytic theory and human development

Jungian orientation: symbol, archetype, myth and the body

A decade in HR, people and operations, most recently Team Leader at Eli Lilly, Cork

Tarot reader, and writer at The Inner Lens

WHY I'M HERE

I came back to the island to build a life, not to pass through.

I first lived in Sardinia in 2020. Since February I've been learning Italian, the culture and the rhythm, and building my practice from here. I see room on this island for intimate, meaningful spaces: places to think, feel and make things together.

WHAT I'M BUILDING

Carolistica: one practice, four doors

CARE

Therapy & mentoring

Integrative psychotherapy and guidance, online, in English and Portuguese.

SYMBOL

Tarot & archetypes

Readings, myth and archetypes as tools for self-knowledge, not prediction.

VOICE

Writing

Essays at The Inner Lens: myths, shadow work through art, nature as metaphor.

WORK

People & careers

People and process strategy, career positioning, CVs and networking.

Workshops tie the doors together, such as The Fool's Journey, a Jungian walk through the tarot's archetypes.

WHAT I LOVE TO TALK ABOUT

The themes I keep returning to

Philosophy
Old questions, still alive

Art
What an image shows, and hides

Psychology
Depth, Jung, the unconscious

Myth & symbol
Old stories as mirrors

Patterns
Seeing what we repeat

Transitions
Migration, endings, beginnings

Cinema
Film read through psychoanalysis

Work & people
Careers, teams, networking

WHAT I CAN BRING

Formats, ready to shape together

Cinema & Psychoanalysis

A film, then a guided conversation, in English.

Art & Shadow

An artwork as the start of a talk on what we don’t show.

Myth Nights

An old story and what its symbols say about us now.

Tarot Aperitivo

Short readings and conversation in a relaxed evening.

Body & Connection

Wellbeing, sport and activity groups: move first, then talk.

Between Worlds

A circle for anyone changing country, career or identity.

Workshops

The Fool’s Journey, plus sessions on careers and networking.

Tailored events

Concept and organisation, from the idea to the evening.

A NETWORK, NOT A CROWD

People and communities I work alongside

Visual art

Painters and artists

Craft

Textile makers who sell and teach

Photography

Photographers for events and stories

Movement

Gyms and fitness professionals

Health

Health and care services

Design

A branding and design studio

Founders

Entrepreneurs Meet Cagliari community

Ireland

A network in Cork, open to what comes next

Not everyone at once: the right people for each idea.

SEEDS, NOT PLANS

Ideas we could build together

TOGETHER	COULD BECOME
Artists + photographer + me	**An exhibition opening with a talk on art and the shadow**
Makers + me	**A making circle: slow hands, and the patterns we repeat**
Gyms and sport groups + me	**Body and mind: movement, then reflection**
Internationals + me	**A monthly Cinema & Psychoanalysis night in English**
[Your space] + me	**[What we could create]**

LATER, A BRIDGE

Ireland stays part of the story

Eight years in Cork left me roots: a philosophy community, colleagues and friends. In time, that can become exchanges, guest voices and retreats between the two islands. For now, the focus is here.

WHAT I'M LOOKING FOR

How I'd like to work together

01

A home base

A space for recurring encounters, with a real atmosphere.

02

Co-creation

Building the programme together, not just renting a room.

03

A fair model

Defined together: revenue share, a fee per event, or membership.

04

Start small

One or two pilot evenings, then grow from what works.

OVER TO YOU

Questions I’d love to ask you

- What is your vision for your project or space?
- Who do you gather, and in what language?
- What space, platform or audience do you have?
- What do you bring yourself?
- How do you imagine collaborations working?

If you’re open to a conversation, so am I.

Carol Tomazela · Carolistica

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